

Reskilling and Reusing –July 2017

Reskill:

Lower costs

Contribute to society

Something to do and think about

Physical/chemical vs psycho/social

ReUse:

Lower costs

Contribute to environmental healing

Something to do and think about

Physical/chemical vs. psycho/social

LifeHack:

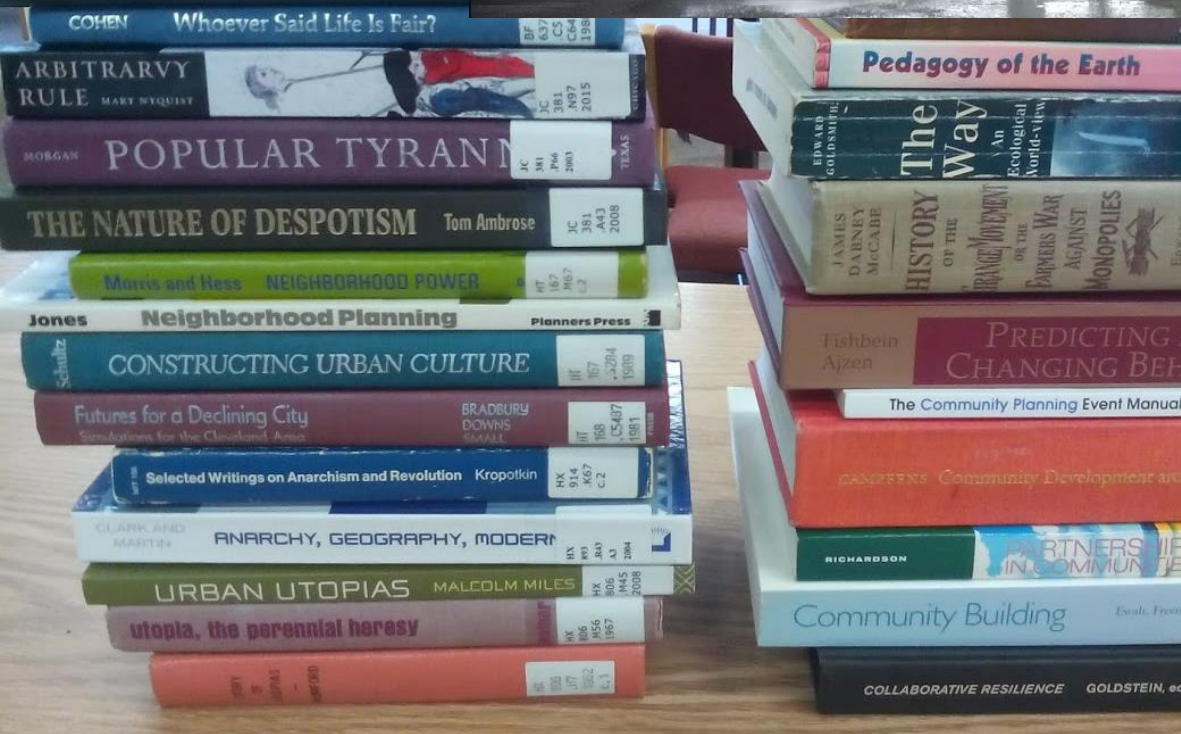
Reduce stress

Sense of pride/accomplishment

Overcoming overdependence

Where? <http://metageny.com/reskill> blog site with links to audio and visuals

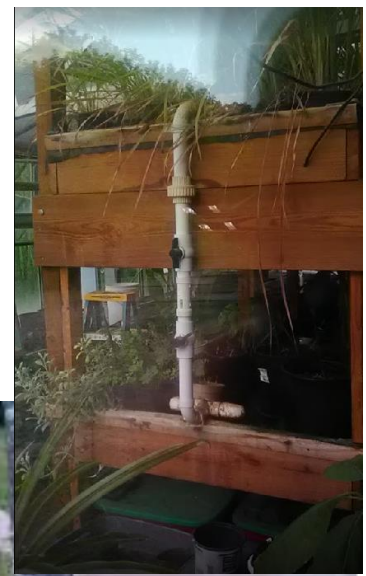
Scary kind of nerdy

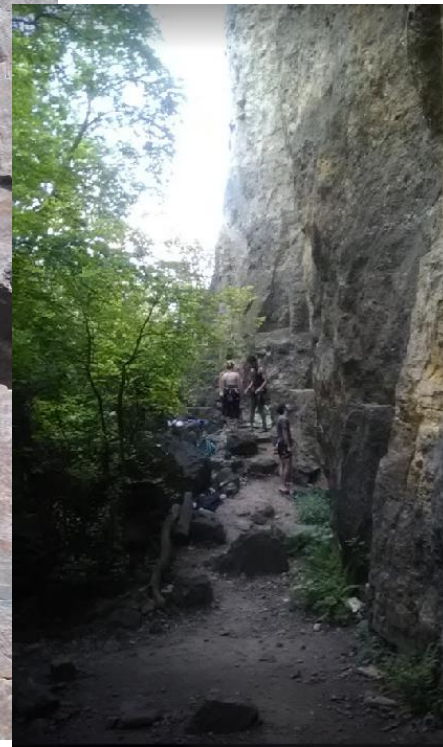


Picnics on purpose

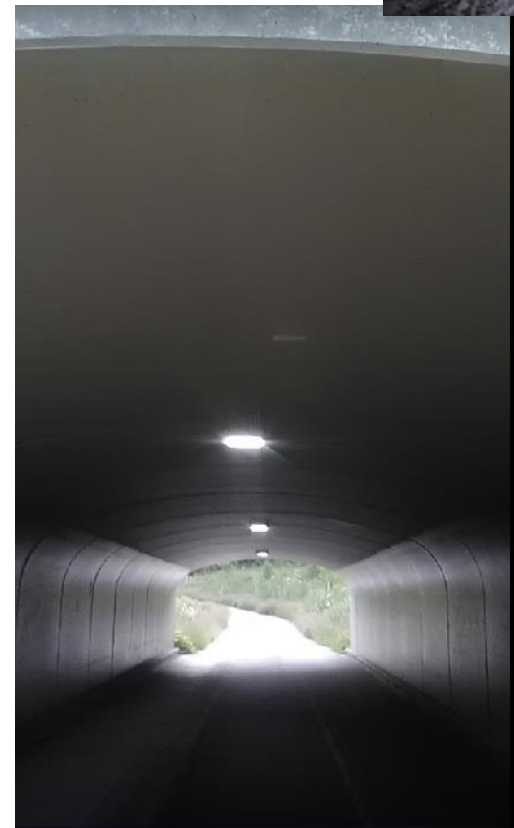


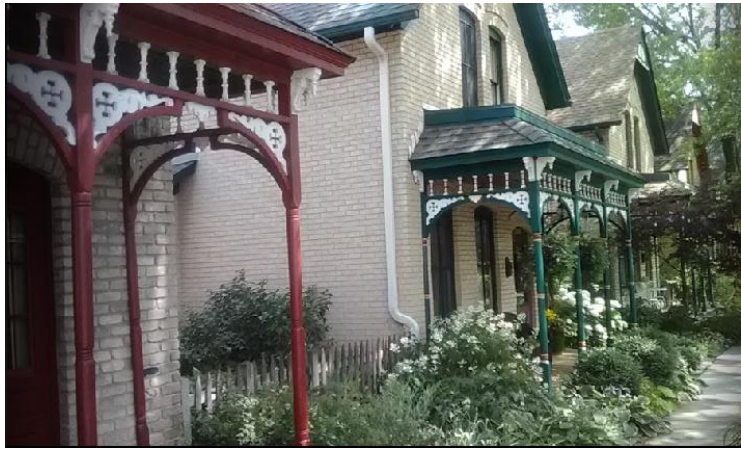
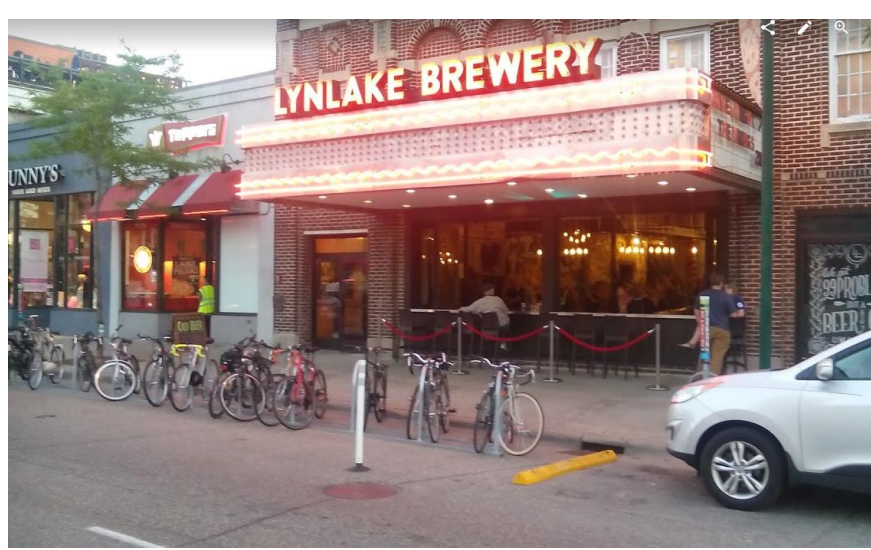
Minnesota











Knitting at home



Resistance resistance

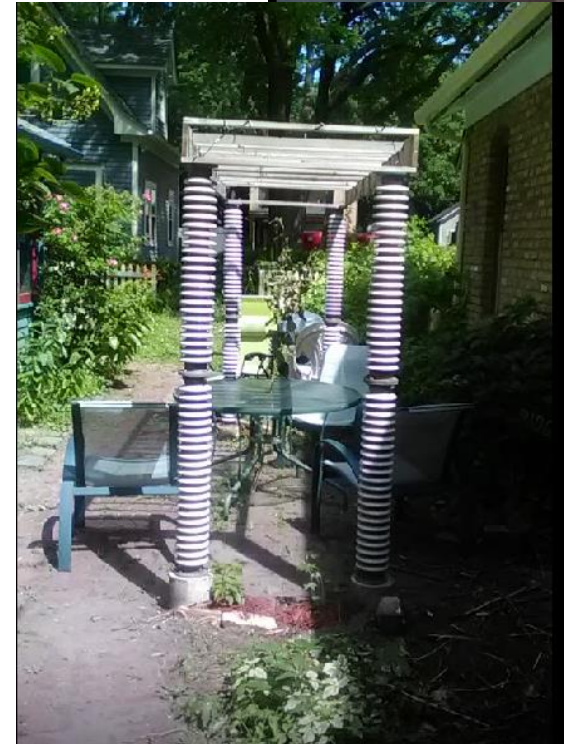




- Gar
- Den



ArdentArt



Change Coins

- Trending—psychology of verbal commitment

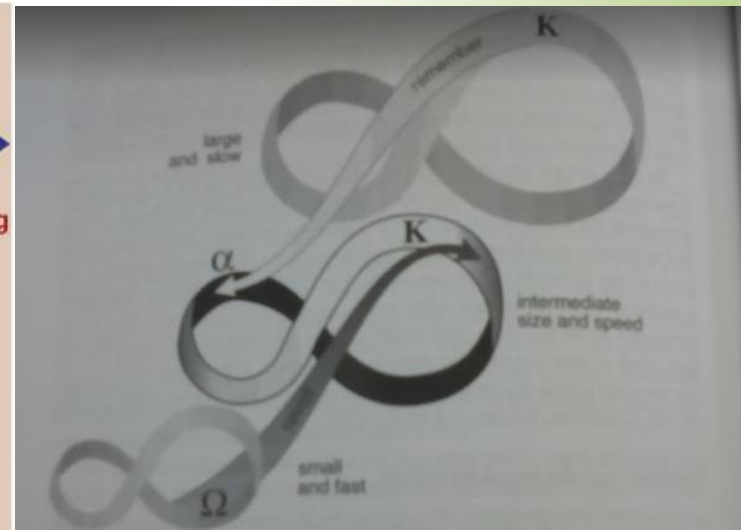
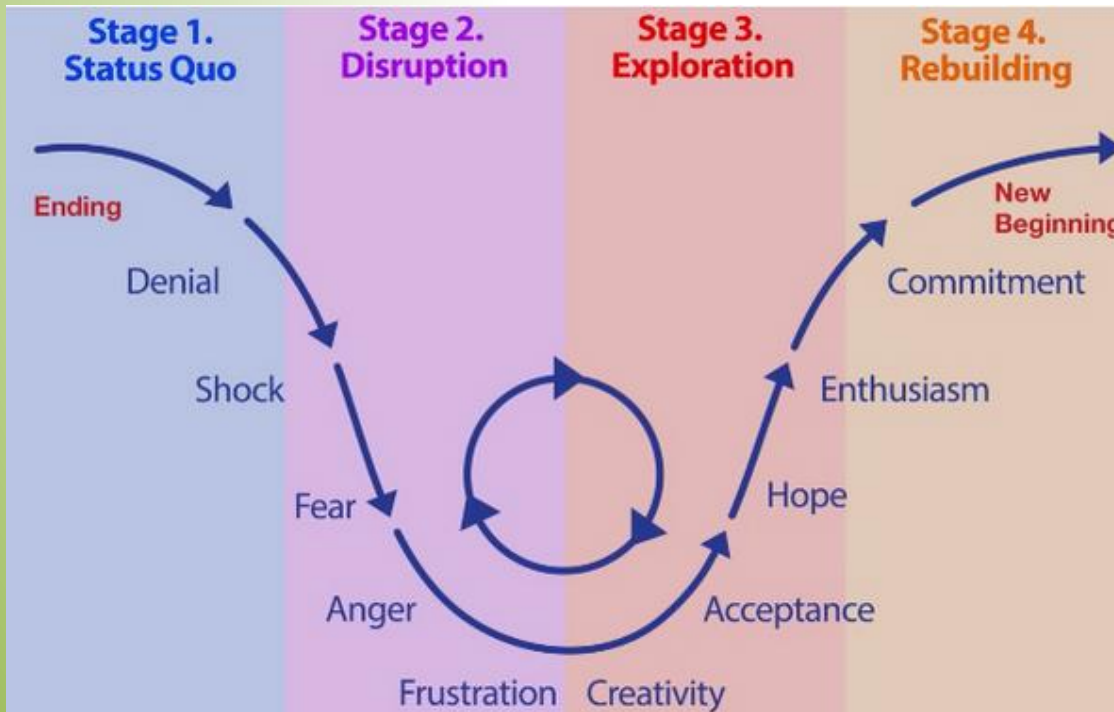
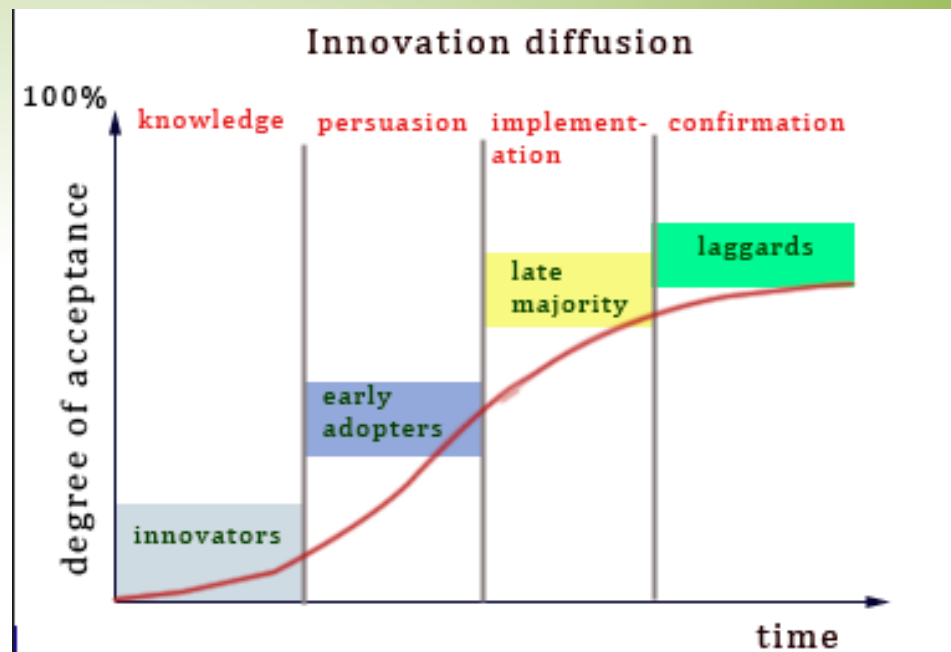


Figure 14.1
Three-scale paradox, reprinted with permission from Resilience Alliance, <http://www.resilience.org/593.php>

innovation across nested scales to engender transformative change. Smaller scales are more nimble and generate innovation through experimentation, while larger and slower scales are more stable and provide a foundation for larger-scale innovation.

Odd's about right



Who else is doing “re” stuff? Any money in it? Then why bother? (All are welcome, but only retirees bother.)

Gardening hacks: Big GadZucc's

Doing community, social, leisure, pleasure without getting jailed/fined: Public domain movies.

https://en.wikipedia.org/wiki/List_of_films_in_the_public_domain_in_the_United_States

Cooking classes: Summer Salad.
FilmFoodFight: What the Health?

My name is Vivienne, I live in Berkshire, England with my husband, teenage daughter, a dog and a cat. I am a writer.
unhurriedchange.com



PORTLAND ANCHOR submission. The What's in a Name Game

Portland has many streets that are only in our neighborhood and so we have a stake in naming streets what we want them to be. I say let's just change names where needed, and if the city takes 20 years to change the signs, due to budget shortfalls, we can be patient-- and use white-out on street signs as needed. e.g. Rowan should at least have been named Witherspoon for metro continuity, or vice versa and since Metro didn't do that, then this name is open season. Some are untouchable such as NW pkwy and Portland/Bank. I guess if it takes another 20 years to decide how we want to rejigger the names, then that's just fine too. Speed is for the internet; names are eternal. First, one needs to feel the importance of 'what's in a name' -- e.g. why is the 4th of the 10 commandments on this topic? Because it's deep and can't be understated. Second, one needs to free ourselves to think that we have power to change a name, and this is huge, especially when thinking about such a project we tend to hear the usage of the word 'them' and 'bureaucracy' and 'corrupt city'--so this is heavy lifting. Third, one should recognize the amount of names possible to change is yuge, so prioritizing might be important. For instance, get names changed that commemorate people that were axe murderers, inflammatory racists, influential misogynists, etc. In years past, pre-web, some nasty folks got named on things. Now with wiki/twitter/way-back-machine we can catch and roast the weasels like never before. e.g. in my old stomping grounds of Minnesota, a famous lake (Lake Calhoun) is named after Mr John C. Calhoun who is now recognized as a terrible humanitarian US Senator/VP, even though he maybe made a few speeches about patriotism, southern roots, states' rights or whatever. Fourth, we will need a forum to voice all opinions in a way where this dialogue is possibly saved for posterity, and a forum for recommending after democratic voting. Maybe we'll have to change state law for our community to get authority to name the places where we live. Can't we say that we hardly have impact in what happens in Wash DC or Frankfort, but we have an idea in our head that we can control the names of our living spaces. Even though this idea is way overdue in my mind, public sentiment may soon show it to be useless to 40212/40201 and thus frankly disregarded with invective as it is tossed out the door-- but at least this mind tickle is out there as a posited concept. #RenamePortland is a fair hashtag to meet in cyberspace on this. Just to stir the hive, I want to share that this concept came to my mind when studying the life of St Xavier; kind of a boring non-entity man was this Xavier personage. Maybe folks on the other side of town want to rename Poplar Level Road as such; that's fine. We can do better; Joanne d'Arc has more of a place in history. I'm also partial to a name like Mary Miller Causeway; also I would be happier than a puppy if one of the streets was named with a hashtag (#) or at-sign (@) or [dot net] somewhere in the mix...which would be an obvious allusion to the expected and imminent google fiber network. Sticks and stones may break our bones, but words will make our home. PS Just to be clear, won't we all agree that things are so broken and unassailable that the only thing we can do is change names of things; our democracy (vis a vis representational governmental superstructure) is kaput--that's the unmentioned part of this (oops, yeah, I said it--again). Here's a list of candidate street names, in no particular order, in my view:

- Crop St Rowan St Columbia St Duncan St Owen St Griffiths Ave Bank St Lytle St Baird St Nelligan Ave St Cecilia St Alford Ave Slevin St Garfield Ave Cleveland Ave St Xavier St Gilligan St Carter St Tyler Ave Rudd Ave 3rd Alley Cedar Grove Ct Pflanz Ave Parker Ave Jewell Ave Miami Ave Hardin St

- It's time to rise up, gather in the streets, and start kicking butt and changing names.
- Calling myself out as having no fiduciary skin in the game and going be the name of,
- PortlandNate

