

# Reskilling and Reusing –Sept 2017

## Reskill:

Lower costs

Contribute to society

Something to do and think about

Physical/chemical vs psycho/social

## ReUse:

Lower costs

Contribute to environmental healing

Something to do and think about

Physical/chemical vs. psycho/social

## LifeHack:

Reduce stress

Sense of pride/accomplishment

Overcoming overdependence

Where? <http://metageny.com/reskill> blog site with links to audio and visuals



# Themes

- Rationale/Motivation/Deposition (last)
- Engineering/Geeky Design/Science
- Art/expression
- Invigorating Actions
- Food
- Transportation
- Heat/Protection
- WellBeing/HappyNest
- Hygiene
- Connections/Relations

# RESKILLING

Ma'ikwe Ludwig, Board Member of the  
Fellowship for Intentional Community  
(FIC), -author:

Commonomics vs Economics  
Intentional Living – Social Skills

- Money-based is lacking
- Relationship-based
  - New rules and mindset
  - Need Social Skills too
- Just a seed of an idea that is growing



Powerful Ideas  
Practical Actions

SUBSCRIBE

PEACE & JUSTICE

PLANET

NEW ECONOMY

PEOPLE

NATIVE LEADERSHIP

DIGITAL EDITION

MAGAZINE ISSUES

## Welcome to Commonomics

*A series from YES! Magazine on how we can build local economies that are strong enough to include everyone.*





# Arable Herbal



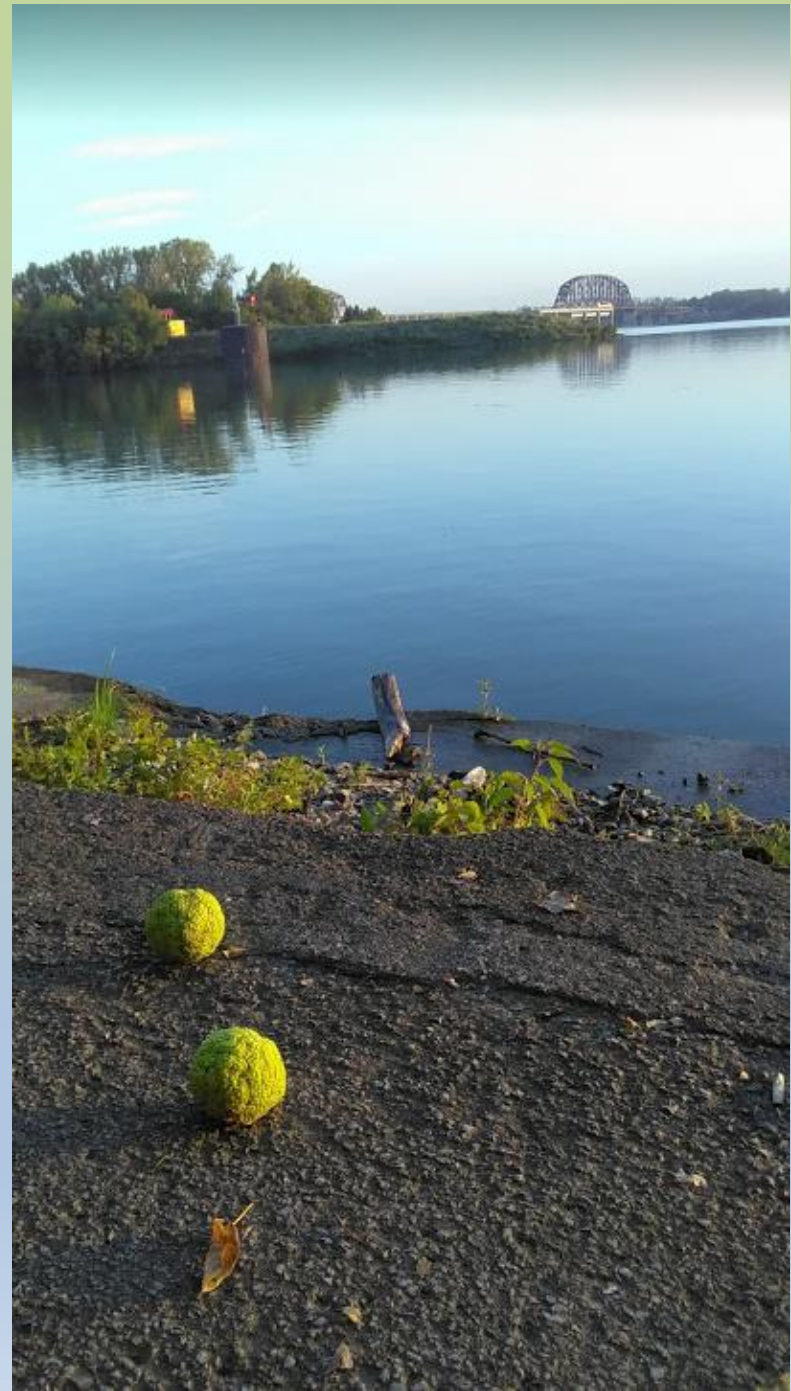


# Tricks and Drudge





Orange your life  
around this



# Road Rack





# Reused Dirt is still heavy





# Scary new foods







GIF Maker

- Tech Talk
  - GIF Maker
  - Video Maker
- Demo: Parkour and tennis conditioning





# Serious Play



# Bike Safe





# Portland Grows!

## Portland tells stories...



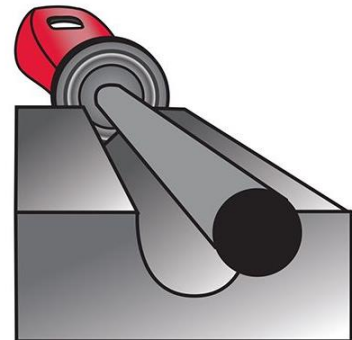


# Down the Street





# Sawdust at dusk: snowfall



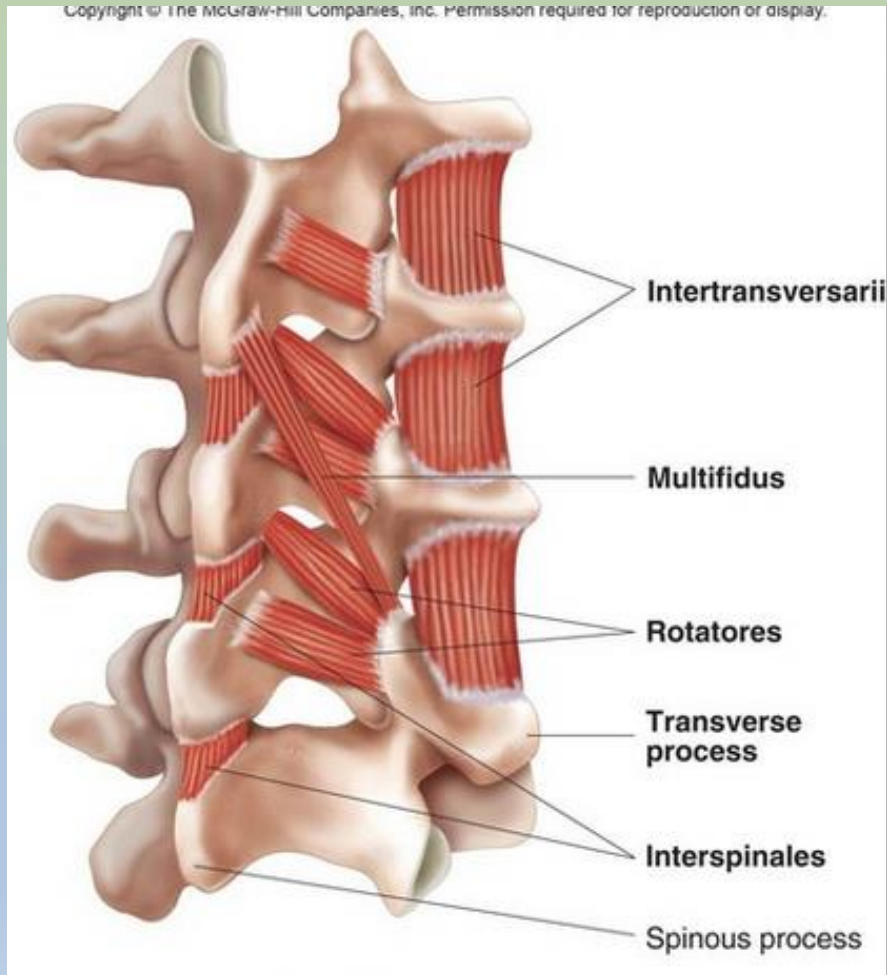


# Exhausted Fumes: “Just put it out back”





# Fascia it: Preprioceptivity!



Medicine Latin words – to elevate profession

Legal Latin words –same thing  
ad hominem

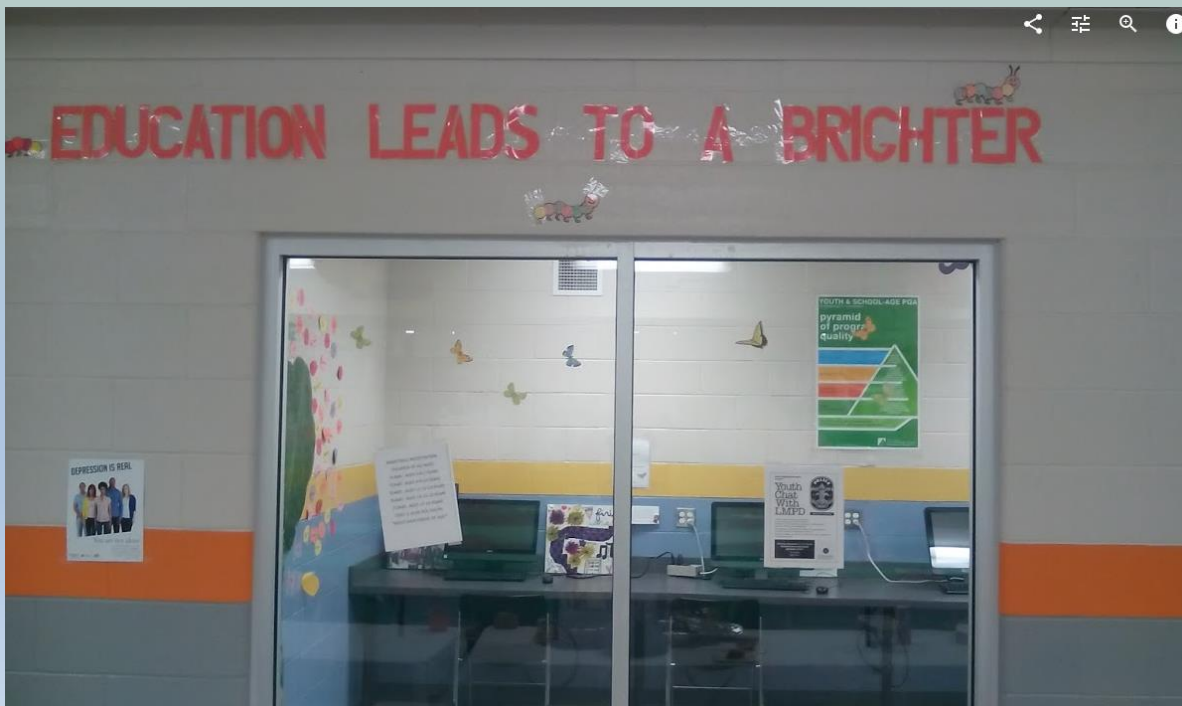
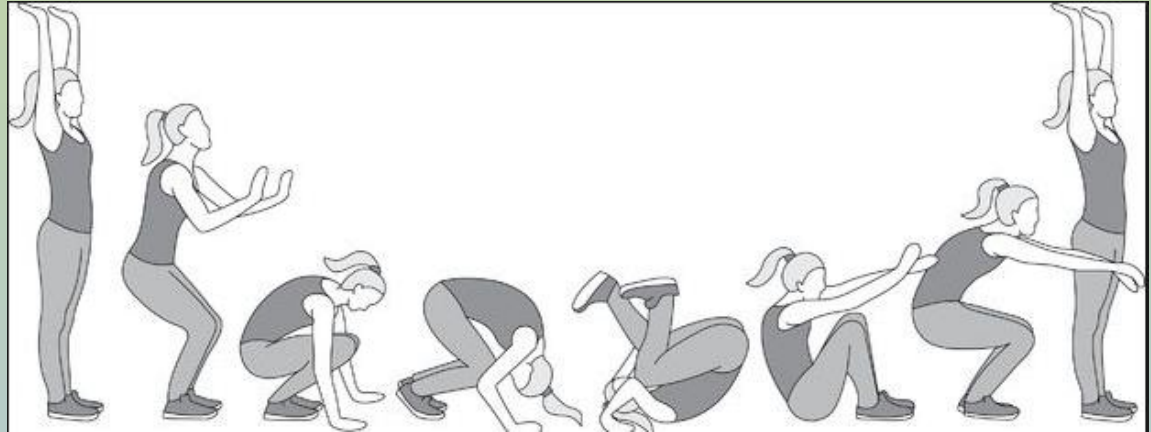
A priori

*habeas corpus*

*mens rea*

*modus operandi*

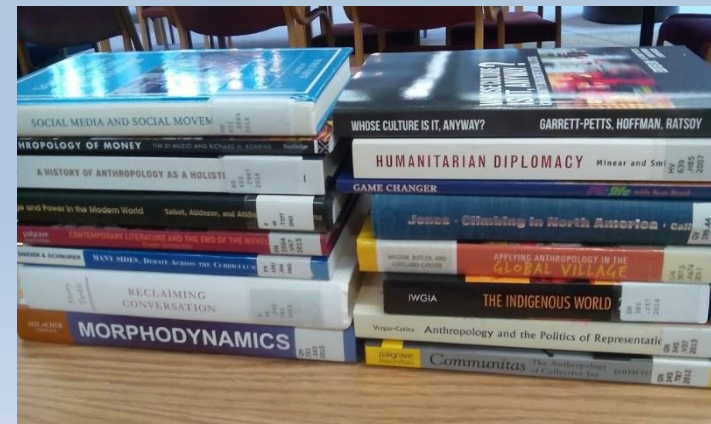
# Do: when young, adult, old





# Tower of Bibl: Imagination

- Most people are looking for things/people to follow.
- What to do about that?
- Demand more
  - Author their best effort
  - Space for cross examination
- Pleasant compliance: danger.
  - Push some envelop daily



# In the news:

- PR Dept from city
- Newspaper
- TV
- Local magazines/blogs
- Social Media
- What's the point? Either you will change your behavior or you won't.
- Pay attention to what is important to you.





# Practical magic:


- Linguistic reskilling
  - Talk/Hear: the myths people fall into/onto when they are emotionally distraught...due to external circumstances or internal cognitive dissonance.
- Resilience reskilling
  - John michael greer -- archdruid blog and ecosophia.

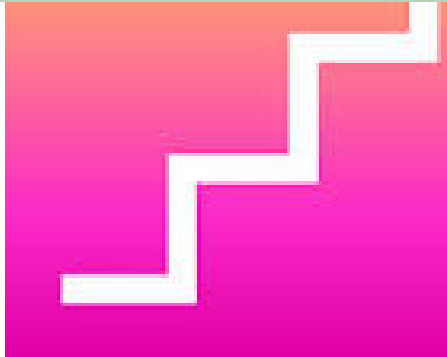
# Cyber Calling


- SurveyMonkey & task-enhancing software
- Content vs Motivation to Learn content

## FutureLearn

Company





[futurelearn.com](https://futurelearn.com)

FutureLearn is a digital education platform founded in December 2012. The company is wholly owned by The Open University in Milton Keynes, England. [Wikipedia](#)

**Founded:** 2012

**Owner:** [Open University](#)

**Type of site:** [Distance education](#)



# Wrap up: Resilience Reasoning

- Storms, earthquakes, hurricanes, fires, drought
- Reskill report card: "pretty good" but not resilient. e.g. cheap and healthy food and gardening, but is it able to withstand any shock? What kind of shocks and how buffered are the defenses? Who has time to even ponder such? Trauma will come fast and everyone (but a few) will be in shock and crazy, so just give up. What does it mean to be a human? Why are we here? Where are we going? Why ask why?

**I' LLC You Later Today** Democracy is dead--just as well: we expected it to be so by now. In our mega-global world, "demos", e.g. the common man, is an ant or a fly. But the unquenchable human spirit is the true undead zombies of recent lore... "The Man" keeps killing it but the human spirit keeps coming back to life. The modern-day secret for the ongoing spirit of humanism lives in this metamorphasized mantra/meme/zeitgeist: People Incorporated via Limited Liability Corp. Imagine the impact of lobbying--actually you don't have to imagine it--the oligo-corporations already do this in titanic fashion. Lobbying with a twist though -- with logic/sanity/fairness as goals, not money for investors. People Incorporated LLC espouses groupings of like-minded people -- Ohio River Rampagers LLC (all living near the 1,000 mile Ohio River), the I-64 Club LLC (all living within 1 block of the 1,000 mile I-64), the Zip Code xxxxx LLC, the K&I Bridge Wanna-Walkers LLC, the Main Road Minders LLC, and even the Block Bloc LLC. How awesome to have "The Bank LLC" as the name of those who live and own land on Bank Street! To form an LLC is only \$50; and can be ignited or moth-balled depending upon the issues...and then, in turn, stakeholder/owners can send a message to influential leaders in the community to get things done with the Lilliputians in mind. (The definition and beauty of the LLC can be found on Wikipedia.) I understand they are still teaching: Divide and Conquer in the Ivy League schools these days for the singular reason: It works. The antidote is the sentiment of the anti-divided, the undivided, the no-longer-divided. Consider these words you are reading since you probably won't be reading them again once TPTB get wind of its publication. The roots of the grass start here: Each city block forms an LLC with the Secretary of State in Frankfort and establishes a micro-mayor of the block, or maybe everyone is 1/50th of a mayor--however the originators with \$50 want to organize the power structure through the by-laws of its LLC at its formation. What do you get as an LLC? Candidacy for multiple mini-grants from annuity-based foundations created by guilt-ridden billionaires who are looking for 'companies' to put their fortune into. They don't fund individuals, but they do fund organizations. Bang! Good way to fetch back funds taken from our communities by commodity corporo-juggernauts over the last decades. This isn't my idea; it was hatched by a retired theological social worker city councilperson several years ago. Initially, I thought it preposterous; but upon further review this just isn't preposterous anymore. Now that it is apparent that companies are all powerful and individuals are expendable cogs, this becomes the challenge of our time. Take up the mantle: laugh with your neighbors about his article...but let its infective truth seep in your collective minds to eventuate the forging of the re-formation of human-oriented empowerment. How do we keep in touch with like-minded LLC creationists? Hash-tags of course. Gird our loins and gather our wits here: #402xxGoesLLC and #BlockGrants4Blocks and #MyNameIsNeoLLC

Who even says this stuff?,  
PortlandNate



# Next Month : MOTS (More of The ...)

- Reskilling/Reusing/LifeHack
- Portland Library
- Louisville KY
- Last Tuesday of the month
- 6:30pm-7:45pm
- Podcast/slides available at:
- <http://Metageny.com/reskill> (blog)