

Reskilling and Reusing **Retreat**—Mar2020 REX REALM

Reskill:

Lower costs

Contribute to society

Something to do and think about Physical/chemical
vs psycho/social

ReUse:

Lower costs

Contribute to environmental healing Something to
do and think about Physical/chemical vs.
psycho/social

LifeHack:

Reduce stress

Sense of pride/accomplishment Overcoming
overdependence

Resilience:

Everyone's talking about it

2/3 of wealth owned by 1% of oligarchs.

1000 yr floods 2 yrs in a row

Think of it as a “RE” treat.



REFUSE:

Don't accept the way things are, the way the
powerful manipulate, the unethical

REDRESS:

buttress grievances with allegiance

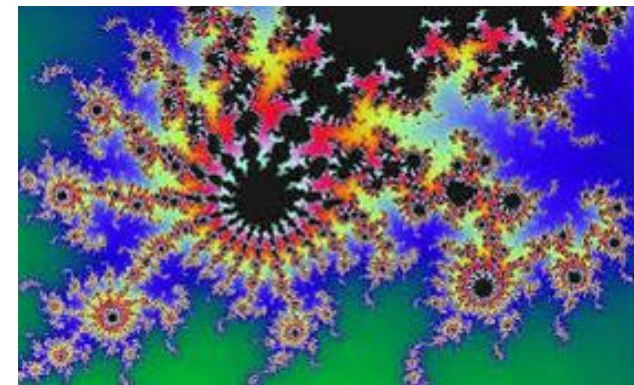
blog site with links to audio and visuals

RE-SCUE/RESKEW/RENEW

REDO: RE-X, e.g. EVERYTHING

Fractal “Re”-Themes: Small and Big are the same

1. Rationale/Motivation/Deposition
2. Engineering/Geeky Design/Science
3. Art/expression
4. Invigorating Actions/Fulfillment
5. Food
6. Transportation
7. Heat/Protection
8. WellBeing/HappyNest
9. Hygiene
10. Connections/Relations
11. Bully Resistance
12. Sharing solutions to shared real problems
13. Be comfortable saying NO. (Refuse)
14. Rescue/BeKind – Wrinkle in Time



Take on anything with this strategy:

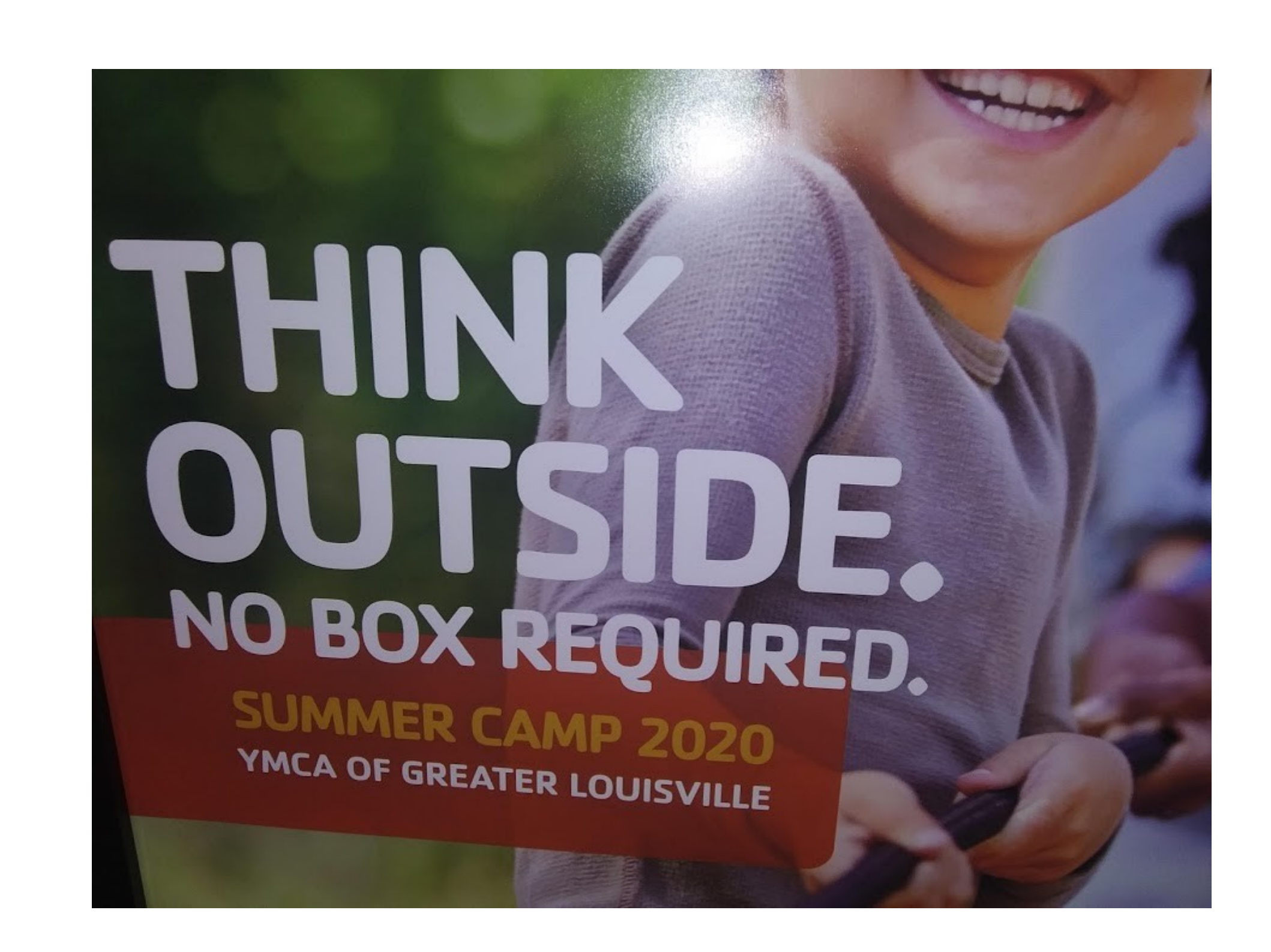
PROJECT MGMT Primer
Integration Scope Timing
Cost Quality
Human Resources
Communication Risk
Procurement



Reskill preamble (one breath): Everyone has the ability to be exposed to different things and to appreciate their personal problem solving -- and to celebrate the fact that whatever we're into is pretty important, that life is a gift, and that we are the dominant species because of our intellect and communication complexity--and we should do all to the benefit of the most.







**THINK
OUTSIDE.
NO BOX REQUIRED.**

SUMMER CAMP 2020
YMCA OF GREATER LOUISVILLE





WARNING
NO DUMPING 
Your Vehicle Could Be
IMPOUNDED
Up To One Year & You Could Face
IMPRISONMENT
Up To 50 Days & Be Fined Up To
\$5000 Per Day
Call 574-2111 To Report Dumping
LMCO \$1,501, 51,510, 51,999
\$200 PER DAY



THE NORDIC THEORY OF EVERYTHING
In Search of a Better Life • ANU PARTANEN



HARPER

PEDAGOGY OF THE OPPRESSED ***PAULO FREIRE***











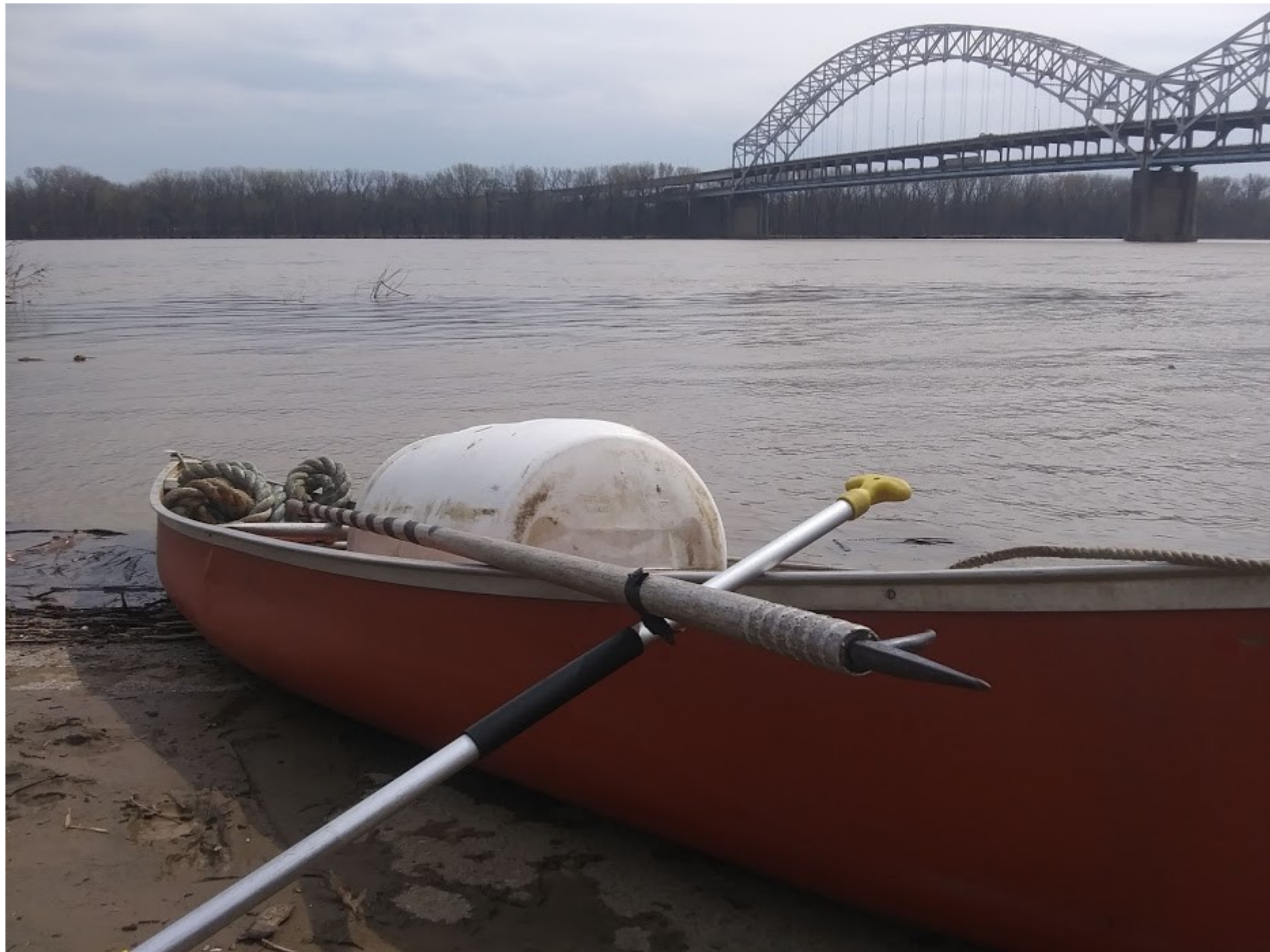






























































In Closing:

Things touched on:

Reskill

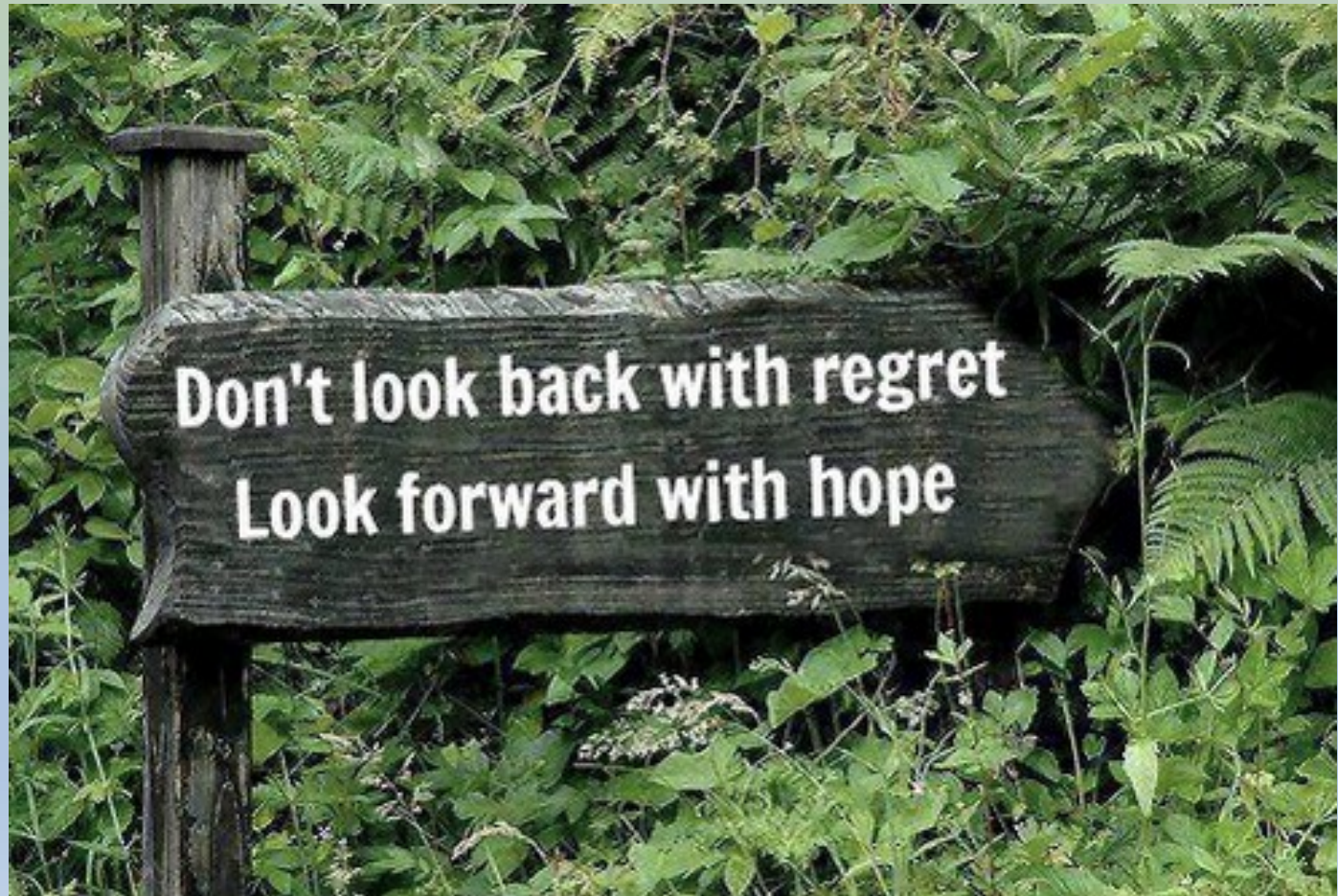
ReUse

LifeHack

Resilience

Refuse

Redress



Next Month : MOTS (More of The ...)

- Reskilling/Reusing/LifeHack/Refuse/Redress
- Portland Library
- Louisville KY
- Last Tuesday of the month
 - 6:30pm-7:45pm
- Podcast/slides available at:
- [http://Metageny.com/reskill\(blog\)](http://Metageny.com/reskill(blog))

